

W H E E L O F L I F E

GOAL SETTING

—
JOE HADDAD

THE ISI LIFE

GOAL-ACHIEVEMENT FRAMEWORK™



THE ISI LIFE AREA:

CHOOSE 1 - Faith, Family, Fitness, Faculty or Finance

LIFETIME VISION & GOALS:

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THREE-YEAR GOALS (BY 12/31/2022):

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ONE-YEAR GOALS (BY 12/31/2020):

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QUARTERLY MILESTONES (BY 3/31/2020):

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QUARTERLY REVIEW / RESET

SET ASIDE 3-6 HOURS TO REVIEW PRIOR QUARTER / SET GOALS & MILESTONES FOR CURRENT QUARTER

PART I - LOOK BACK

- 01** Review your Quarterly Milestones and compare to actual results
- 02** Reflecting back on the Big 5 Areas: What went well? What didn't? What adjustments need made?

Some example reflection questions:

- » How strong was your performance in the past quarter?
- » Specifically, what did you intend to accomplish in those 90 days? What did you actually accomplish?
- » What was the biggest reason you hit each goal or fell short?
- » Would this quarter's results be acceptable to you if they became the new standard?
- » What do you need to do differently between now the next quarter to strengthen your performance?

- 03** Look back at most recent Iron Sharpens Iron Retreat Notes & Action Items
- 04** How are my morning and evening routines going?

PART II - LOOK AHEAD

- 01** Copy and Paste Old Version and Rename as Newest Version
- 02** Walk through entire ISI Life Document from Top to Bottom making Updates (May be updating 1 quarter, or may be updating 1 & 3 year goals)
- 03** Pull out all of your 90 Day Goals and put on 1 Page (Reviewing this weekly when planning your week greatly increases your chance of accomplishment)
- 04** Share it with your Accountability Partners (Entire or in Part if you have mentors in specific areas (ex. Financial Advisor or Personal Trainer)
- 05** Share with wife or close friend

